

Compositional Pluralism in Roger Sessions's Second Symphony

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ABSTRACT: Roger Sessions's music of the late 1930s and 1940s poses challenges to analysts because it does not adhere to one compositional system. The initial influence of Stravinskian neoclassicism on Sessions's music has been well documented by theorists and historians. It is also well known that Schoenberg's influence on Sessions grew as his music became more harmonically and contrapuntally complex during this period. Sessions's Second Symphony is emblematic of his style from the time. Its pluralistic blending of Stravinskian and Schoenbergian influences requires that the analyst employ multiple analytical frameworks, some of which may contradict each other. I begin by summarizing harmonic, contrapuntal, and motivic techniques Sessions employs in the symphony that are drawn (though not exclusively) from Stravinskian and Schoenbergian practice. I continue by analyzing two representative passages from the symphony's first movement in greater depth to explore how these techniques are manifested in the work. I conclude by considering the reinforcing and contradictory results of the analysis, and I reflect on the importance of pluralistic analysis when examining modernist music of the 20th century.

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1. Introduction and Background

[1.1] Roger Sessions (1896–1985) occupies a singular position in American music: he was a Pulitzer-prize winning doyen who taught at Princeton, Berkeley, Harvard, and Juilliard, whose music evolved from a conservative strain of neoclassicism to what would become a conservative strain of dodecaphony, before vanishing almost entirely from the concert and dramatic stages. Sessions is remembered these days, perhaps, more as a teacher of a young generation of composers whose music departed quickly and profoundly from Sessions's own, than as a composer in his own right. Nevertheless, his music reflects the schisms, conflicts, and eventual reconciliations that dominated musical thinking and practice in the first half of the 20th century. And in its belated synthesis of seemingly opposing idioms, Sessions's music has much to tell us, not only about neoclassicism, atonality, and serialism, but about American music-making in the wartime and post-war periods.

[1.2] The first movement of his Symphony No. 2 in D minor, begun during World War II and completed in 1946, is an especially illuminating example of Sessions's unique synthesis of Stravinskian and Schoenbergian compositional principles that is also a culmination of his tonal period, and the beginning of his compositional maturation. In what follows, I will begin by placing the work in the context of Sessions's career and American music of the time, and by delineating structural principles in Sessions's work loosely derived from earlier influences. My analysis of two representative passages from the work will draw out its pluralistic features, and my conclusion will synthesize my analytical remarks into a fuller understanding of the work and the possibilities it opens for music making and analysis, today.

[1.3] By the mid-1940s, Sessions's compositional aesthetic was in a process of metamorphosis. His earlier works combined the influence of Stravinsky with the more "American" school of Copland, Bloch, and Thompson. Andrea Olmsted (2008, 208) cites Nadia Boulanger's approval of Sessions's neoclassical First Symphony, and Frederick Prausnitz (2002, 176–77) cites Sessions's approving characterization of Stravinsky's music as evincing a "new sobriety" and a "new inwardness" that developed from purely musical ideas. As these authors note, Sessions's music increasingly became dominated by chromatic, highly dissonant melodies and harmonies, however. The unpredictable rhythms of the earlier pieces, with their additive and subtractive rhythms inherited from Stravinsky, had yielded to rounder, more predictable, almost neo-romantic shapes, perhaps to compensate for the music's growing harmonic complexity.

[1.4] Sessions's musical evolution and the eventual confrontation in his music between neoclassical, expressionist, and serial impulses were, however, a long time coming. And while he initially objected to Schoenberg's compositional style, Sessions later claimed that the older composer had come to have a deep impact on his work. In assessing the state of music in the middle of the century, Sessions proposed a challenge for his and younger generations:

For many years now, it has been the rule to regard Stravinsky and Schoenberg as representing two contradictory, even irreconcilable, poles of contemporary music. Various adjectives are applied in this sense—Stravinsky: objective, diatonic, linear, volatile, rhythmically oriented in the direction of bodily gesture, etc.; Schoenberg: subjective, chromatic, essentially "vertical" (!), scholastic, addicted to the rhythms of speech and possibly song. . . . Such distinctions are unlikely to loom so large in the future, if only because the composers of the generations succeeding Stravinsky and Schoenberg (and especially the most independent among them) are in a very real sense the heirs of both. (1979, 382)

In the mid-1940s, Sessions began, in his inimitable way, to meet this challenge and to accept his artistic inheritance with the composition of, among other works, his Second Symphony. In his discussion of new music, Sessions writes: "This really is the key to the understanding of contemporary music. What the listener needs is familiarity with the language—sufficient familiarity to be able to respond to tones, melodies, harmoni[es] and rhythms it contains" (1979, 170). Part of the difficulty of "familiarizing" oneself with Sessions's mature compositional language is its derivation from musical languages often seen as contradictory. Entering Sessions's musical world requires familiarity with already abstruse, modernist musical languages, and the flexibility of mind to delight in the absence of rigid, even dogmatic adherence to compositional and aesthetic rules. And often, the music combines different structuring principles simultaneously, making it difficult to uncover a consistent compositional logic.

[1.5] The goal of my analysis is to reveal variegated and sometimes conflicting compositional tendencies in Sessions's music, and by extension, to advocate for analyses of early 20th-century music that prize theoretical pluralism. In arguing that features of Sessions's symphony are drawn from "Stravinskian" and "Schoenbergian" compositional principles, I do not intend to reduce either composer to a discrete list of stylistic techniques—many of these techniques are common to composers besides Stravinsky and Schoenberg and to each other, and the two composers' music is much richer than my small list of descriptors—or to argue that Sessions was influenced by *only* those two composers, but rather to illustrate how Sessions's music combines aesthetic positions that inarguably dominated the 20th century's first half, and to demonstrate how an appeal to

multiple analytical frameworks simultaneously illuminates the music's own modernist contradictions.⁽¹⁾ My approach to analyzing Sessions's music recalls Kofi Agawu's remarks about Stravinsky: "The tendency nowadays is to find consistency, not [analytical] conflicts. . . . But what of consistent conflicts? Could these not contribute positively to the development of a theory for Stravinsky's music?" (1989, 162), My approach also resonates with Peter van den Toorn's advocacy for "a splintered account of this kind—eclectic or multifaceted would be the positive slant" which the music "would seem to demand" (1996, 399). Sessions's music, like that of many other early 20th-century composers, speaks in an assembled language that is pluralistic and sometimes contradictory. My analysis reflects this.

2. *Stravinskian Inheritance and Schoenbergian Acquisition*

[2.1] Before examining two key passages from Sessions's symphony, I will define some of the techniques upon which Sessions draws, and consider their origins or employments by Stravinsky and Schoenberg, the two composers who, according to Sessions himself, had outsized influence on his music. From Stravinsky, Sessions borrows the use of: a) a signature chord; b) bi-quintal polytonal structure and layering; and c) tonal evocation. From Schoenberg, Sessions learned the use of: d) atonal cadential structures; e) motivic-harmonic structures; and f) developing variation. The six features I describe are not unique to Stravinsky or Schoenberg, but they are techniques pioneered or associated with the two, as shown below.

2.1 Signature Chord (or Gesture)

[2.2] Special chords with harmonic and motivic properties abound frequently in the music of Stravinsky.⁽²⁾ Stravinsky's Violin Concerto, for instance, features a recurring chord in each of its movements that has motivic, harmonic, and formal importance. Sessions often composed similarly. Prausnitz describes, for example, a dissonant chord in the second movement of Sessions's First Piano Sonata as "a chord that provided motivic inspiration, large-scale harmonic rationale, and even its own logical, if unusual, placing in the completed work" (2002, 95). A comparison of highlighted chords from Stravinsky's Violin Concerto and Sessions's Second Symphony is provided in **Example 1**. Stravinsky's chord is characterized by the wide spacing but bright sound of the concordant (027) trichord in the violin and the crunchier spacing of the more discordant (015) trichord in the lower pizzicato strings, and by its $\frac{3}{4}$ meter which contrasts with the rest of the first movement's predominantly $\frac{2}{4}$ meter.

[2.3] Sessions's signature chord similarly offers paths for development and it influences the musical materials found throughout the work in different ways. Andrew Imbrie notes that "Among the unifying points of reference [in the movement] must also be counted a particular chord. . . . The chord is not identical in structure each time it appears, but always it is associated with an upbeat gesture and contains either two or three two-note clusters (usually of a whole step), each cluster being separated from the next by the space of either a perfect fifth or a minor sixth" (1972, 26–27). Like Stravinsky's chord, Sessions's contains the "tonic" D-minor triad in addition to G and B, which are neighbor tones to A sounding simultaneously with it. The chord is also, in a manner recalling, perhaps, Robert Mayrhofer's theory of tonal symmetry, symmetrical around D (Thomson 2010), which confers upon D a weak sense of centrality. Though the two composers handle their chords differently, both chords are *sonically characteristic*, and foreshadow possible tonal(-evocative) and non-tonal elaborations: subversions of tonal-functional conventions, the generation of melodic material from the chords' intervals, etc. Throughout the work, Sessions's symphony frequently contains triads or sevenths obscured by the sounding of what would conventionally be understood as non-chord tones, while the whole-tone groupings of the chords, as hinted at by Imbrie above, form important melodic fragments and newer chords throughout the entire movement.

2.2 Bi-Quintal Structure and Layering

[2.4] Joseph Straus argues that a great deal of Stravinsky's music contains "two structural fifths separated by some interval" — a scheme he refers to as a "bi-quintal" model of harmony (2014, 2). In his earlier work, Straus describes a tonal axis when the fifths together form a referential seventh sonority (1982, 265), but in his later work, bi-quintal structures whose fifths are a semitone apart arise also, for example in his analyses of *The Rite of Spring* and *Jeu de Cartes* (2014, 14 and 21).⁽³⁾ The fifths may be articulated as polytonal chords and/or as the source for melodic ideas, and the scalar filling in of these fifths or fourths may have structural implications for the work as a whole through what Straus calls "pattern-completion" (1982, 283). The structural fifths may also change throughout a passage, suggesting a quasi-modulation.

[2.5] Straus analyzes the second movement of Stravinsky's *Pribaoutki*, the beginning of which is provided in **Example 2**. He argues that the melody spans a perfect fourth, E \flat –B \flat , filled in diatonically with D \flat and C, while the accompaniment implies another structural fourth, A–D (2014, 8). Straus conceives of F \flat in the accompaniment as E, enharmonically. The implied fourth, A–D, is justified, not only for theoretical reasons gleaned from the thorough study of Stravinsky's oeuvre, but by its appearance definitively at the end of the song, where the voice repeatedly arpeggiates a D-minor triad. It is clear from Straus's exhaustive analyses that Stravinsky's melodies frequently do emphasize the fourth or fifth, and that his unique polytonality recontextualizes motives by combining and recombining different species of fourths and fifths throughout a piece.

[2.6] In addition to its bi-quintal structure, the second movement of *Pribaoutki* contains three layers: the fourth-outlining melody, *x*; the accompanying dyad, *y*; and the punctuating chords, *z*. Each layer produces a different perspective on E \flat major. As Straus indicates, *x* outlines the fourth B \flat –E \flat and provides a fragment of the "Mixolydian" scale. The layer *y* emphasizes E \flat in a way that recalls how negative space produces a distinct image in visual art: it surrounds the tonic by semitone—observe Stravinsky's unusual spelling {D, F \flat }. The layer *z* introduces neighbor motion between the "tonic" E \flat and the subtonic, D \flat , implying functional changes of harmony—an alternation of tonic and the minor-dominant-parallel. Each layer is also defined by its own rhythmic regularity: *x* features flowing eighths or sixteenths, *y* features sustained dotted quarters or eighth attacks producing a hemiola, and *z* features syncopated attacks every two measures.

[2.7] Many passages in Sessions's symphony pay homage to Stravinsky's layering technique. The recapitulation of the second subject of the symphony, provided in **Example 3**, echoes *Pribaoutki* to a high degree. Again, there are three layers: *x*, a flowing melody in eighth notes; *y*, an accompaniment of sustained pitches; and *z*, punctuating attacks in the bass. Like in *Pribaoutki*, *z* includes a neighbor motion that alternates between F and E. Layer *y* surrounds the tonic D with D \flat and E \flat , though the dyad transposes more liberally than Stravinsky's in measures 146–47. The melody, *x*, at first outlines an augmented fourth, E–B \flat , and fills the space in chromatically, save for C \sharp . It then repeats the fourth transposed to F–B, then C \sharp –C in measure 146, and finally, A \flat –D in measure 147.

[2.8] The similarities between the two pieces are obvious, but the differences are significant, too. Whereas Stravinsky's piece contains many exact repetitions and a sudden shift from one texture to another, Sessions's immediately begins developing—that is, the melody repeats with transposition and interpolated pitches, and the accompaniment also transposes and its intervals change. Sessions's rhythms are irregular and difficult to predict, reflecting Stravinsky's additive and subtractive rhythms.⁽⁴⁾ The *z* layer begins with attacks every two quarter notes, but the interval shortens in measure 145 to only three, and then three-and-a-half in measure 146. Layer *y*'s attacks alternate at first between durations of two or three eighths, but later similarly change less predictably. And Sessions's melody spans an augmented fourth, not a perfect one. The influence of Stravinsky is clear, but the restless, developmental quality departs from the Stravinskian ostinato model. Finally, it is only with the melody's last two eighth notes that D minor is articulated. Sessions's loosening of Stravinskian techniques will inform the more detailed analysis of extended passages below: bi-quintal structures will transpose and develop more quickly and the (bi)tonal effects of the layering will be less obvious.

2.3 Tonal Evocation

[2.9] Sessions's feelings about tonality in 20th-century music are laid bare in his discussion with Edward Cone:

I think really the point is, is tonality the basis of the structure of the piece? But I object to the absolute distinction that some people make between tonal and nontonal music. I don't think that there is a clear distinction. You can say that such and such a piece by Haydn is tonal and that such and such a piece by Schoenberg or Webern is not tonal; but there are an awful lot of pieces between! Where does one thing end and where does the other begin? What real sense does this distinction make, except for the fact that you can talk about certain music in terms of keys, and that you can learn a very great deal about these pieces if you do talk about them in terms of keys? You can't talk about certain other pieces in terms of keys and learn much about them. In other words, I think these are useful classifications and only their utility or nonutility is the criterion of their validity. (1966, 41–42)

Certainly, Sessions's Second Symphony lies, according to his assessment, "between" common-practice tonality and atonality. Like much other 20th-century music, Sessions's symphony is not thoroughly tonal—tonality is not "the basis of the structure of the piece"—in the common-practice sense, in which we perceive a piece's tonal functions from its beginning until its end. Instead, Sessions's music *evokes* tonality. Tonal evocations arise (even in atonal music) whenever a tonic is, however briefly, implied musically through numerous possible and often innovatory techniques.⁽⁵⁾ In most post-tonal pieces that evoke tonality, some other structural logic predominates, or, in especially pluralistic pieces like Sessions's, it is the confluence of a variety of structural principles that provides the rich if characteristically contradictory logical foundation for the piece. Thomas Johnson offers passages in post-tonal repertoires that allude to tonality through the presence of "tonal *figurae* like triads, metric consonance, parsimonious part-writing, and pitch centrality" (2017, [3.3]). Johnson argues that these specially marked passages function as a topic in a wide variety of 20th-century music. Sessions's use of key signatures suggests that he understands at least something about the symphony to engage with common-practice tonality. And as Johnson suggests, there are many figures in the symphony, like stepwise voice-leading, brief appearances of triads, and diatonic arpeggiations and scalar passages, that evoke tonality.

[2.10] In his analysis of Sessions's Second Symphony, Imbrie writes: "The use of conventional key-signatures continues through the Second Symphony and a little beyond; and the aural sense of key is often still present, albeit in attenuated form. Sometimes. . .one has the impression of a tension between possible interpretations; at other times the orientation to a single tonality is clearly evident . . . At yet other times, the listener finds himself in a Schoenbergian world of suspended tonality . . . The role of key in the determination of structure has become subsidiary: it is a kind of reference among others whose interaction is needed to produce a musical syntax" (1972, 26). His analysis of the piece points to a Reti-like "tonality through pitches" (Reti 1958, 95) in which pitches achieve something akin to tonic status through repetition or other parametrical emphasis. The first movement of the symphony's closing clarinet melody repeats D–A^b while a repeating bassline F–E^b–C[#] eventually "resolves" to D in measure 211. In general, these tonal evocations are relatively weak, since they are not supported by evoked functional harmony—the essential feature of common-practice tonality. Rather, Sessions evokes tonality more strongly through Stravinskian means throughout the symphony.

[2.11] Stravinsky's neoclassical works rely partly upon our understanding of his Cubist-like manipulation of conventional contrapuntal and harmonic materials. Maureen Carr (2014) compellingly compares Stravinsky's pieces composed after *The Rite* to Russian Cubist and Futurist artists, and compares David Burlinck's *Neomorphism* with Stravinsky's "embarking on his path to neoclassicism using similar techniques of superimposition and juxtaposition" (23). Jonathan Cross's (1998) insightful comparison of Picasso and Stravinsky similarly links Picasso's cubist blocks with Stravinskian form. Donald Traut appeals to "the role of displacement" in Stravinsky's music—the unconventional non-chord tones that seem to simultaneously and paradoxically suggest a tonal progression while cancelling it (2000, 71). Daniel Harrison likewise describes "wrong-note music—a technique characterized by nudging the 'notes' out of expected paths of

continuation,” but argues that in more chromatic environments the resulting irony is “difficult if not impossible to employ” (2016, 139).

[2.12] Consider the fugal interlude from Stravinsky’s *Orpheus*, which was composed contemporaneously with Sessions’s *Second Symphony* (a reduction is provided in **Example 4**). The musical surface provides a large number of different sonorities—(025), (015), (016), (014), etc.—without any obvious pattern, and triads and sevenths—(037) and (0258)—appear but rarely. Nevertheless, we discern a succession of *implied* triads and sevenths—chords familiar to us from the Classical period—that function in B \flat major/minor. Through unconventional suspensions and anticipations, superimpositions of major and minor triads, and displacements of steps by octaves, the passage’s tonal basis is obscured: the use of these specific contrapuntal devices borrowed but altered from the 18th century makes implicit the triadic basis of the music, hence the music’s evocation of Cubist painting in which an object is viewed simultaneously from different perspectives.⁽⁶⁾ Since the relationship between the sounding music and its conventional foundation is only implied, there is not a legalistic code of rules that maps the former onto the latter. The many varied repetitions and superimpositions, like those found in a Cubist painting, provide us with material with which we can *imagine a range of possible (tonal) interpretations* for the music, linked by overlapping features, e.g. what constitutes tonic, what tonal functions are implied, what pitches are non-chord tones, etc., in the same way we can imagine a range of visual interpretations for what a Cubist object realistically looks like. Analyses like Schenker’s ([1926] 1996) analysis of Stravinsky’s *Piano Concerto*—Schenker’s disapproval of which says more about his taste than his analytical acumen⁽⁷⁾—provide one possible interpretation of the piece’s imagined tonal middleground, and while it cannot be definitive, it does provide a picture of the conventionally tonal idea animating the music. And while we might not expect to hear or find a simple (tonic) triad in environments as chromatic and discordant as Sessions’s *symphony*—in a similar way in which the pure tonic appears in *Tristan* surprisingly and often in the form of a solitary pitch—we can still guide our ears to listen for evoked tonal relationships and resolutions to tonic-function chords adulterated with non-tonic pitches. Even if there is not *one* definitive tonal orientation, that does not mean we cannot entertain several *possible* tonal orientations.

2.4 Atonal Cadential Structures

[2.13] When Sessions pointed out to Schoenberg that he heard a latent D minor in the opening to the latter’s *Fourth Quartet*, Schoenberg responded by emphasizing more abstract pitch relationships than tonal hierarchies and common-practice syntax (Sessions 1979, 365). The elusive logic of Schoenberg’s music must also have appealed to Sessions, about which he wrote:

It is not easy concretely to demonstrate [in Schoenberg’s post-tonal music]. . . a new tonal principle, powerfully binding like the old but embracing all possible relationships within the chromatic scale. As far as I know, no adequate study of Schoenberg’s work in its harmonic and tonal aspects— aspects which lie deeper than the twelve-tone system or the *individual sonority*, and guide the ear of the listener in his real apprehension of the music. (1979, 365, my emphasis)

More recent studies of harmony in Schoenberg’s atonal music focus on the form-building role of voice leading. I apply my approach to analyzing Schoenberg’s atonal cadential structures to Sessions’s music.

[2.14] One such Schoenbergian tactic is what I’ve previously described as “chromatic cadences” (“cadence” in the Riemannian sense as opposed to a harmonic-contrapuntal ending device). In my proposed chromatic cadence, a pair of principally unidirectional structural voices, often found in the outer voices and formed from the local crests or troughs of the voice’s contour (i.e., each successive highest or lowest point in the melody) span the entire phrase, and converge or diverge in pitch space. The structural voices begin with linear semitone motion(s), progress through larger intervals, to whole-tone motion(s), and end again with semitone motion(s) (Hier 2023).⁽⁸⁾ This “chromatic” or atonal cadence is not unique to Schoenberg’s music— it can be found in music by many composers in the first half of the 20th century—but it is a defining harmonic and contrapuntal feature of his early forays into atonality. Cadences vary in their degrees of closure:

those that end with semitone motion are “closed” — analogous form-functionally (if not entirely in musical effect!) to a tonal authentic cadence—and those that end without it are “open” — similarly analogous to a half cadence. Incomplete cadences arise when portions of the cadence are missing: if the opening semitone motion in one of the structural voices is missing, as will be seen in the analyses below, I deem the cadence “incomplete” — analogous to auxiliary or evaded cadences in tonal music.

[2.15] Sessions adopts the same voice-leading technique to punctuate endings of phrases and sections, though the symphony being a highly pluralist work, the chromatic cadence is often supported or contradicted by the presence of other closing gestures, tonally evocative or otherwise. Notably, many passages in the symphony *do not* end with closed cadences, or contain semitone motion in subordinate voices that do not produce phrase-spanning lines, indicating the marked nature of these gestures when they do arise.

[2.16] **Example 5** provides a reproduction of my analysis of a passage from Schoenberg, op. 19, no. 1 ([Hier 2023](#)). The open noteheads are structural pitches, and the closed ones are subordinate voices that trace the same or similar voice leadings to the structural voices, reinforcing them and thickening the texture (in addition to playing many other musical roles). In measures 1–3, the descending structural voice (DSV) is formed from the troughs of the top voice’s melody since it descends. In measures 4–6, the lowest voice forms the ascending structural voice (ASV) and the crests of its rising line are indicated with open noteheads. The structural voices themselves contain lines—notated with closed noteheads—that are “subsumed” into the broader structure, like tonicizations in a non-modulating tonal phrase. Here, cadences that end with semitone motion in both voices are stronger and more complete than those that do not. Sessions’s symphony, as we shall see below, frequently contains similar voice-leading structures at important formal articulations, suggesting that chromatic voice leading is a formally significant feature of his compositional style.

2.5 Motivic-Harmonic Structures

[2.17] The integration of harmony and motivic structure is by no means limited to Schoenberg’s music, but Schoenberg’s early attempts to subordinate at first tonal, and then non-tonal harmony to motivic relationships are well attested to by theorists including Ethan Haimo (1997). David Lewin’s (1994) well-known analysis of Schoenberg’s op. 11, no. 2 with Klumpenhouwer networks illustrates the motivic-harmonic thinking in select, short passages by Schoenberg. **Example 6** reproduces Lewin’s analysis of Schoenberg’s chorale. The varied chords share structural principles: they are all combinations of perfect fourths (open noteheads) and major thirds (closed noteheads). The chords can themselves be arranged to form a superstructure, or a “progression of progressions” as Lewin calls it (92), with the same transformational relationships as those of the chords. Repetition of the transformational structures of the chords on multiple levels provides the music with a *motivic* logic, since motives are defined by repetition. Lewin reconsiders the chorale by parsing it its chords as combinations of (026) and a lone pitch. The new networks yield a similarly recursive superstructure that in turn allows Lewin to provide multiple motivic frameworks, what he calls “modes” (96) for his analysis of the complete piece.

[2.18] Sessions’s symphony frequently includes similar harmonic building procedures. Chorale-like chord progressions are assembled from the combinations of repeating intervals that mirror each other. The repeating intervals are sometimes delineated by timbral or registral differences, but they need not be. The result is a varied palette of chords related by prominent intervals that define the piece’s signature chord.

2.6 Developing Variation

[2.19] Imbrie argues convincingly that “the effect of Schoenberg’s influence on Sessions during the 1930s and 1940s manifested itself in a general heightening of chromatic content, and a bolder differentiation of character among simultaneously sounding parts. This sharpening competition of the musical elements gave rise to a texture whose complexity often rivals Schoenberg’s own.

Motivic reiteration becomes less insistent, and the vestiges of ostinato become even more subject to modelling and variation" (1972, 25). In short, Imbrie identifies the process of "developing variation" in Sessions's melodic writing in conjunction with a weakening of tonal implication and an increase in chromatic content. Jack Boss (1992) shows this process in a selection of Schoenberg's atonal music, illustrating how "motivic particles"—i.e. intervals—assemble and reassemble in a constant dance.⁽⁹⁾ **Example 7** reproduces Boss's analysis of a short vocal passage from Schoenberg's op. 22, no. 1. Boss argues that overlapping tetrachords containing primarily semitones, whole tones, and minor thirds undergo a process of continual variation. The resulting melody contains few obvious repetitions, but nevertheless sounds unified, since it contains only a limited number of intervals. Sessions similarly constructs flowing melodies from a limited number of intervals.

3. Analysis of Two Representative Passages from the Symphony

[3.1] Sessions's Second Symphony was composed during the Second World War and was dedicated to the memory of F.D.R. The symphony is a transitional work between Sessions's earlier neoclassical works, like the First Symphony, First Piano Sonata, and Violin Concerto, and later, loosely dodecaphonic works. It follows the conventional four-movement scheme. The first movement is in a relatively traditional sonata-allegro form, an overview of which is provided in **Example 8**. The development section functions as a varied reprise of the exposition with an even larger climax that segues into the recapitulation of the second subject. Finally, the last part of the piece functions as both a coda and a further recapitulation of the first subject. Thus, the movement adheres to what Timothy L. Jackson (1996) describes as a reversed (or "tragic") sonata-form outline, in which the order of the subjects is reversed in the recapitulation. The movement's thematic and harmonic materials are well integrated and derive, in large part, from the opening signature chord, discussed above. **Example 9** provides a brief survey of the exposition's principal thematic material. While Olmstead (1985, 78) notes that the opening cascade of pitches in the violin forms a tone-row (with B \flat and B repeated), Sessions's Symphony does not adopt any dodecaphonic principles explicitly.

[3.2] **Example 10** provides the signature chord and gesture in some of its various guises throughout the work. Unlike Stravinsky's Concerto, subsequent statements of Sessions's chord-gesture largely retain its orchestration and metrical placement, but alter its constituent intervals, suggesting already an approach less given to exact repetition. The transition's signature chord shifts the symmetrical axis to B and brings its orbiting pitches a semitone closer to produce a whole-tone collection. The second subject's chord is diatonic to B \flat minor, ostensibly the second subject's key, but its axis of symmetry is G \flat /G. The development first repeats the chord shifted down a semitone, but reaches a terrifying climax in measure 131 with a chord whose axis of symmetry is F, hence the F-minor key signature, perhaps. In measure 171, at the beginning of the recapitulation of the first subject, the chord from the second subject returns and in the coda, a final chord, symmetrical around D (with B implied) ends the piece, though unlike the first chord, this one contains D \flat (enharmonically C \sharp) and E \flat , which surround the axis by semitone, and A \flat , which lies a tritone away—the tritone A \flat –D is emphasized in the final bassoon pitches. The axes of symmetry, D, B, (G \flat)/G, and F are all members of the original chord, and the progression from symmetry around D to other pitches, and back to D provides a large-scale formal scheme for the movement's signature chords' centricities.

[3.3] Below, I examine two larger, representative passages from the first movement using analytical techniques elaborated above.

3.1 The First Subject (measures 1–22)

[3.4] The first subject of Sessions's Second Symphony combines the techniques listed above so well that, in conjunction with the overwhelming effect of the music's discordance and bombast, it can be difficult to make sense of what is happening. Appealing to the techniques will allow us to identify competing and sometimes contradictory structural principles.

3.1.1 Tonal Evocation

[3.5] Following Schenker ([1926] 1996) and Imbrie (1962), we can imagine a harmonic-contrapuntal foundation for the first subject of Sessions's Second Symphony. The tonal evocations presented below vary in their degrees of strength, so I advise the reader to consider them not only as audible relationships. And having established Sessions's inclusive relationship with tonality, the structures possibly reflect precompositional design, too.⁽¹⁰⁾ Measures 5–9 of the A section are provided in **Example 11**. The music contains among the symphony's clearer and more thorough evocations of tonality, so it is easier to sense "what Sessions may have had in mind." **Example 12** provides a tonal-evocative and motivic analysis of the passage's melody. Note that the melody's first emphases on F and A, followed by an emphasis on F#, A, D, and C (a D dominant-seventh chord) in measure 8, and subsequently an emphasized Bb, D and G (a G-minor triad), in measure 9. These sequential emphases imply several harmonic roots in the passage—F, A, D, and G. Returning to Example 11, the bass and inner voices flesh out the implied harmony of the melody: smaller noteheads indicate non-chord tones and are labeled when treated (mostly) conventionally as passing tones, neighbor tones, anticipations, and appoggiaturas. In general, the inner voices obscure the tonal evocations by including chromatic non-chord tones that sound either with or in close proximity to the chord tones. For instance, in measure 5, the rising inner voices move in parallel major seconds, then in perfect fourths. While these intervals echo the intervallic construction of the melody (and the signature chord described above), most of their pitches contradict the implied harmony. The bass anticipates the melodic arrival, as in measures 5 and 6 (indicated with a line) or vice versa, as in measure 9. Compared with the Stravinsky excerpted in Example 5, the chordal vocabulary is more complex: aside from implying conventional triads and sevenths, Sessions also evokes more dissonant sonorities common to romantic-period music, such as the combination of Bb Major with G dominant-seven in measure 8, or the diminished-third (B, Ab, Db) and quartal (Db, E, Gb, B) chords in measures 9–10. When the harmony resolves to tonic in F minor in measure 11, the chord is obscured through the presence of Bb, which produces a subset of the signature chord (D is missing).

[3.6] Of course, my tonal interpretation is only one possible interpretation among many. A few divergences in the analysis of non-chord tones produces different chords and functions: the second beat of measure 6 could be interpreted as an F#-minor triad, and the final beat of measure 6, for example, could be interpreted as an E-major triad whose inner voices are non-chord tones. More substantially, for a variety of reasons one might hear G#/Ab minor as "tonicized" in measures 6–7: G# minor appears on the downbeat (with the tenor's C# and bass's G acting as suspensions), the inner voices draw on the Ab minor scale, the melody peaks with G#, and so on. Nonetheless, in my view the evocation of Ab minor is weaker than that of D minor since the outer-voice counterpoint of the entire passage is closer to the diatonic world of D.⁽¹¹⁾ At other times, the harmony is more straightforward: the inner voices and bass in measure 8 and the first half of measure 9 more unambiguously suggest a progression in G minor, and the augmented-sixth resolution to F minor in measure 11 coupled with the ensuing F-minor melody are undeniable. The range of harmonic interpretations widens as the evocations become weaker and narrows as Sessions converges on triads and clearer functional progressions.

[3.7] While hearing the tonal evocations may be difficult, they are crucial for our understanding of the music. As in much 20th-century music, a compositional foundation for the music may not be audible in its totality in the finished product, but it influences greatly what we do hear and also how we interpret the work: by including key signatures and extended gestures that evoke tonality, Sessions asks us to understand his symphony as a member of the tonal-symphonic tradition—tonality as topic, perhaps, following Johnson (2017). Sessions's neoclassically derived distortions of tonal procedure links his music aesthetically to Stravinsky. Tonality in the symphony functions as a guiding principle that shapes the stepwise outlines of melodies, basslines, and inner voices, and produces occasionally conventional chords like triads and sevenths, but the piece is not tonal in the common-practice sense of the word: it is one starting point among others that shaped the piece's composition and shapes our interpretation of it.

3.1.2 Bitonality/Biquintal Structure and Layering

[3.8] **Example 13** provides a biquintal analysis of the first subject's B section, with the sounding music divided between two layers, each of which corresponds to one of the structural fourth/fifths. (12) The music in layer 1 contains pitches drawn from the first structural fifth, filled in with stepwise motion, and the music in layer 2 contains pitches drawn from the second structural fifth. In some cases, music belonging to one voice or part of the texture moves from staff to staff, indicated by the solid lines and resulting in an absence of rests. Small noteheads indicate loose "non-structural tones," usually neighbors or passing tones to the pitches that form the structural fifths. I divide the passage's loose sentential structure into seven blocks, each of which contains a pair of structural fifths. The fifths are perceptible most clearly in the form of stepwise, principally diatonic fragments that group together registrally: in blocks 1 and 5, for example, the upper voices belong to one fifth, while the lower voices belong to another, while in block 6, the outer voices belong to one fifth, while the inner voices belong to another, etc. In some cases, the prevalence of one fifth, like E_b-B_b and A_b-E_b in blocks 3 and 4, respectively, allows us to hear it more easily, recalling Peter Kaminsky's description of Ravelian bitonality which contains a "superimposition with the possibility of a primary and secondary tonal focus" (2004, 262). In others, the resulting texture is too chromatically saturated and dense for it to lean more audibly in one direction. Nevertheless, the texture does stratify into short diatonic fragments.

[3.9] Sessions's use of bi-quintal/bitonal structures inherited from Stravinsky differs from Stravinsky's in the speed with which they "modulate." In other words, longer, relatively static passages defined by structural fifths arise in much of Stravinsky's music, but Sessions's more restlessly developmental language results in frequent changes of structural fifths. The rapid change of clashing diatonic collections recalls Ronald Henderson's remark that "the Second [Symphony] does not allow for aural perception of a stable key center for any duration longer than five or six measures" (1974, 319)—in fact, the duration is often significantly shorter than that.

[3.10] Returning to Example 13, in block 1, the melody outlines B_b-F , with C implied because of the chordal accompaniment on beat 2. A secondary layer outlines C_b-G_b , filled in by a quickly moving inner voice, E_b-F_b , etc. The first two beats of block 2 contain an A_b Major triad sounding against music outlining the fifth $F\sharp-C\sharp$. The faster inner line switches from emphasizing $F\sharp$ on the first two beats to descending from E_b down to B_b on the last beat of the measure. In block 3, the melody shifts to the inner voice which outlines E_b-B_b , decorated with chromatic neighbor tones, A and B, while the upper voices outline the fourth A-D. The densest passage arises in block 5, in which the upper voices outline $F\sharp-C\sharp$ and provide chords drawn from the $F\sharp$ -major diatonic collection, while the lower voices trace the fifth G-D: the melody puns on the structural fifth relationship since D_6 and C_6 are both chromatic neighbors to $C\sharp_6$, and C_6 and $A\sharp_5$ are chromatic neighbor to B_5 , while the pitches $D-C-A\sharp/B_b$ simultaneously produce a compound falling melody distributed between soprano and tenor line, doubled at the third below (A-G), as indicated by the dashed lines. Block 6, which liquidates the musical material, provides a longer contrast between B_b-F and $E-B$, while Block 7 pits $C\sharp-G\sharp$ against G and D, while emphasizing $C\sharp-G\sharp$, especially since the passage ends with that consonant fifth sounding by itself. The musical effect is to focus our attention on short, repeated melodic fragments that typically outline a fourth or fifth, but whose rapid transpositions prevent the music from settling into a (bi)tonal evocation for long. The preponderance of structural fifths separated by semitone or tritone produces a discordant musical surface with only occasional triads arising, such as the E_b -minor triad at the end of measure 13.

i) Atonal Cadential Structures

[3.11] In addition to evoking tonality and bitonality, the symphony's first subject contains atonal cadential structures. Following Hier (2023), the A section contains three sections defined by textural and thematic changes—those already proposed in the form diagram above. In measures 1-5, Sessions introduces the signature chord and the first, ostinato-like theme in the piece, which is separated by the next phrase with a pause in the melody. While the texture changes in measure 3, we have not heard enough of the melody to support a phrase division at this point. In measure 6, the texture changes as the trumpet enters with a new theme, the trombones introduce a longer, registrally stable bassline, and new accompanimental voices thicken the music. Finally, the

entrance of a new theme and a brand new, more homophonic texture in measure 11, suggests yet a new phrase, that continues until the large pause at the end of measure 21.

[3.12] **Example 14** provides a more detailed analysis of the passage's structural voices and subordinate counterpoint. The top and bottom staves of the analysis of the reduced score in Example 14 provide the two structural voices—notated primarily with open noteheads—that span the entire phrase and gradually diverge from each other throughout the passage. When taking only the troughs of the bass's contour, the descending structural voice (DSV) progresses from B \flat 2 to C2, while the ascending structural voice (ASV) progresses, when considering only its contour's crests, from C5 to E \flat 7, before shifting register to D \sharp 4 and continuing an ascent to A \flat 4 (the shift in register is necessary because the top voice *descends* after reaching E \flat 7 and only continues to rise once it reaches D \sharp 4). The structural counterpoint follows my cadence paradigm closely, since the DSV begins with semitone motion, and passes through a larger interval, F \sharp 2–E \flat 2 (filled in with a “passing tone,” E2, marked in Example 14 with a filled-in notehead and which introduces a local and non-structural whole-tone motion, since it precedes the later whole-tone motion at the end of the phrase), before continuing with the structural whole-tone, E \flat 2–D \flat 2, and the final structural semitone, D \flat 2–C2, which elides with the beginning of the next phrase. The ASV lacks an initial semitone motion—producing, as a result, an “incomplete cadence”—but continually rises through large intervals, adorned with local whole-tone motions, before its structural whole tone, E4–F \sharp 4, and semitone motions, F \sharp 4–G4–A \flat 4. The A section's strong closure and elision with the B section—the B section begins with the A section's final cadential pitches, C3 and A \flat 4—provide a fluid connection between the two sections while ensuring that the A section is understood to have finished.

[3.13] The inner voices form subordinate-voice fragments that thicken the texture but which do not form phrase-spanning structural lines. The analysis provides some of these subordinate voices but is not exhaustive. While the bass initially falls by semitone, the tenor voice in measure 6 introduces two similar falling semitone motions: C \sharp 4–C4 and E4–D \sharp 4, which mirror the DSV's falling G3–F \sharp 3. When the melody rises E \flat 5–F5 in measure 5 and A5–B5–C \sharp 6 in measure 6, the inner voices similarly group into rising whole-tone motions. The many whole-tone descents in the melody in measures 7–8 echo the falling whole tone, F \sharp 3–E3, in the DSV, and so on. My analysis condenses the complex music to a two-voice structure with harmonic-formal significance: the ending of this thematic unit is relatively definitive because the structural counterpoint ends with mostly aligned, divergent semitonal motion. The unit's closed ending is in dialogue with the normative rhetoric of a first subject in a tonal sonata form, which normally concludes with a clearly marked cadence.

[3.14] **Example 15** provides a simpler reduction of only the structural voices for the first subject's B section, measures 11–21 (see Example 12 for the reduced score). It contains structural voices that change direction (“c.d.” in the example) several times, and an incomplete closed cadence, since the lower voice begins with semitone motion and ends with liquidated material that progresses from whole-tone to semitone motion, F \sharp 4–E4–D4–C \sharp 4, but the upper voice lacks both initiating and closing semitone motion—it begins and ends with whole tone motions. The feeling of closure is thus only partial and weaker than in the A section. The partial closure is apt, since the cadence marks the end of the first subject, but not the end of the exposition: the partial closure announces to the listener that we have heard a major formal articulation but that we should expect more music, in a manner recalling a tonal first subject ending with a half cadence.

ii) Developing Variation

[3.15] Returning to Example 12, the melody throughout exhibits a Schoenbergian developing variation, in which the thematic totality results from a succession of related motive-forms. The motive contains a first motive, *x*, containing rising major second and perfect fourth, (+2, +5). Subsequent statements of the motive permute the intervallic relationships. A secondary motive, *y*, inverts the rising contour and introduces a new interval, the falling sixth. The melody is also, however, the result of transposing major seconds: {F4, G4}, {C5, B \flat 4}, {E \flat 5, F5}, {E5, F \sharp 5}, {A5, B5}, {B5, C \sharp 6}, {G5, A5}, {G \sharp 6, F \sharp 6}, etc. The seconds derive from the signature chord, which, as stated above, contains three whole tones separated by sixths. I do not hear a basic motivic shape, despite

the prevalence of (+2, +5), since the motive is subject to variation almost immediately. Instead, I hear a family resemblance between the short motives that constitute the theme, and I understand their relationships to each other as secondary to their relationships to the signature chord, which functions as a generator of melodic material.

[3.16] The B section presents a more obvious, sentence-like “theme,” defined by its intervallic and almost jazzy syncopated rhythmic content. The theme, too, is derived from earlier material: its first measure derives quite clearly from motive I.a.2. Measure 12 is derived from measures 6–7: like in those measures, the melody contains motivic dyads, {B \flat , A \flat }, {G, A}, and the enharmonic fourth, {D \flat , F \sharp }. The varied restatements that follow have the character of repetitions of a basic idea, but their different lengths—eight quarter notes, seven quarter notes, eight quarter notes—suggests an additive/subtractive rhythm. And measures 17–20 have the character of a continuational liquidation, which recalls also material from measures 7–8, namely the rising sixths, and emphasis on the pitches (F)–B–G–A–D (which comprise also the opening signature chord). In all, the musical material derives from a limited number of motivic particles—the major second, perfect fourth, and sixths—that combine and recombine to form larger melodies that undergo continual variation. The repeated, ostinato-like figure outlining a fourth, B \flat –F, with additive and subtractive rhythm brings to mind the fourth-dominated melodic fragments of Stravinsky and reinforces, perhaps, the biquintal structure proposed above, but its chromatic transpositions bring to mind a more Schoenbergian variation.

3.2 The Second Subject (measures 55–75)

[3.17] Where tonal and bitonal structures featured somewhat prominently in my analysis of the first subject, especially in my analysis of its harmony, and the melody was defined by relatively loose motivic relationships (i.e., the melody-building roles of motivic particles in a manner echoing Schoenberg’s developing variation), my analysis of the second subject describes the passage’s harmony in motivic terms, and its melody as evoking tonality and bitonality more weakly.

3.2.1 Tonal Evocations

[3.18] Sessions provides the second subject with a B \flat -minor key signature, which leads the analyst to wonder, naturally, what about the music is meant to evoke that key. The melody evokes B \flat minor through its implied voice leading. **Example 16** provides an analysis of the lyrical solo-violin line. The melody implies several (+2, +1) rises that reference theme I.a.1, but which mostly fail to materialize, and which imply a rising $\hat{6}$ – $\hat{7}$ – $\hat{1}$ line in B \flat minor and related keys. First, G–A in measure 55 implies resolution to B \flat , the tonic; C–D in measure 56 implies resolution to E \flat , the subdominant; and D–E in measure 57 implies resolution to F, the dominant. Nevertheless, the tonal implications are admittedly very weak, especially because the implied local tonics never materialize.

[3.19] **Example 17** provides a two-staff reduction of the second subject’s continuation phrase. The final English-horn melody in the second subject provides the missing resolutions noted in Example 15 when it rises G–A–B \flat in measure 75. The chord in measure 75, {C, E \flat , A \flat , G \flat , B \flat }, is a transposition of the signature chord, but the bass clarinet “resolution” of E \flat to D evokes, perhaps, a Picardy third in B \flat . The sustained pitches in the bass, A \flat , C, and G \flat , surround the tonic pitches, B \flat , D, and F diatonically in a manner recalling the inner voices of example 4. The melodic evocation of B \flat is, all things considered, very faint in the passage.

[3.20] But the first part of the continuation phrase also weakly evokes B \flat minor. **Example 18** provides an analysis of the tonal evocations in measures 65–69. The passage begins with a simpler texture that more audibly, though still obscurely, suggests B \flat minor. The progression begins by alternating between ii and vii (or V), with numerous incomplete neighbor tones and displaced anticipations. When the texture begins to thicken in measure 67, Sessions combines major and minor forms of the same triads, while retaining stepwise motions that evoke tonicizations, in Stravinskian fashion. In measure 68, the pair of converging voices suggests voice exchanges evoking the dominant of E \flat resolving to E \flat major and minor, followed by the dominant of G \flat

resolving to G^b , followed by the dominant of B^b —the tonal evocations are strengthened by the resolutions of tritones, $\{D, A^b\}$ to $\{E^b, G\}$, and $\{F, C^b\}$ to $\{G^b, B^b\}$ following Neil Newton's (2014) discussion of tritone resolutions in Schoenberg's atonal works. The music briefly returns to the tonic B^b when the violin begins its quick line derived from the opening of the movement with B^b – F . Unlike in Stravinsky's more Classical vocabulary, the implied chords in the Sessions are familiar from late-romantic music: altered dominant-sevenths and ninths, half-diminished and diminished sevenths, and quartal sonorities (at the beginning and end of measure 68, for example), in other words, chords with already ambiguous tonal meanings.

[3.21] As in Example 11, one can imagine other tonal interpretations for the passage: the ascending fourth D – G in measure 65 coupled with the resolution of the bass from G^b to G and the upper voice B^b to C^b suggests enharmonically a resolution to G major or G dominant seventh; when the inner voice resolves A – C^b into C in measure 66 the music sounds like it resolves to C minor before repeating a return to G major or E minor in the second half of the measure enharmonically. The evocation of a "fluctuating" tonality between B^b minor and G major echoes the roles of fourths and fifths in the second subject's melodic construction evident throughout example 18 but also in the earlier music of Example 16: in measure 55, G^b – D^b is followed by C – G , and in measure 58, D – G is followed by G^b – C^b , etc. The ear attends to these relationships but the music is defined by others, too, that weaken or contradict the tonal evocations.

3.2.2 Motivic Harmonic Structure

[3.22] **Example 19** provides the chordal accompaniment to the second subject's first large phrase. The passage contains 14 chords derived from the piece's signature chord's constituent major seconds. Since the chords are defined by shifting pairs of major seconds, their relationships to one another are well captured by Klumpenhouwer networks. **Example 20** provides an analysis of the first four chords and their recursive larger structure. The structure of chord 3 is blown up to form the superstructure of the first four chords. Chords 5 and 9 mark the endings of both halves of the four-measure phrase, while chord 10 begins the varied restatement of the four-measure phrase, and functions as a transition from the first phrase to the second. Chords 6–10 (omitting 9) form a hypernetwork that is positively isographic with the first hypernetwork and is related by $\langle T_4 \rangle$. The quasi-cadential chords 5 and 9 also relate by $\langle T_4 \rangle$. The hyper transformations reinforce the repeated basic-idea-like foundation of the second subject's construction.

[3.23] The beginning of the large continuation phrase's chorale is similarly structured around two interweaving K -nets. **Example 21** provides the K -net structure of measure 68 to the downbeat of measure 69. The chorale contains two different chord structures, labelled x and y in the example. **Example 22** provides hypernetworks for the chords. The chords with structure x group into a hypernetwork which contains chords 2 and 4, which are separated by a y -type chord, and chords 6 and 10, which are also separated by y -type chords. Inversional hyper-transformations connect chords 1 to 2, $\langle I_7 \rangle$, chords 4 to 5, $\langle I_2 \rangle$, and chords 5 to 6, $\langle I_3 \rangle$. While neither hypernetwork shares precisely the same structure as one of its constituent networks, we can still hear shift in the chorale from networks of one type to networks of another. The progression from chords with structure x to y and back to x also provides a call-and-response logic to the chorale that echoes the repeated basic-idea-like design described above. The second subject's contrast with the first is thus not only affective and textural, but also structural: it offers a calm, highly uniform grouping of chords in place of the sprawling bitonality and displaced tonal functions of the earlier music.

3.2.3 Atonal Cadential Techniques

[3.24] **Example 23** provides a reduction of the structural counterpoint in measures 65–69. The top structural voice is the faster-moving inner voice beginning with C^b4 and ending with $A4$, since it spans the entire phrase and provides a more complete cadence, and the lower structural voice is found in the bass, as expected. Measures 65–68 feature a gradually rising melody beginning with C^b4 whose crests reach their apex with B^b5 in measure 68 (the $C6$ above is part of a subordinate voice). The melody changes direction ("c.d." in the reduction) in measure 68 and falls gradually

into A4 in measure 69. The bass descends from G \flat 2 to B1 before rising back to G \flat 2. Since most of the structural motion in measures 65–67 proceeds by larger intervals, there are few relevant subordinate voices: the echo of the ASV in the texture's top countermelody in measures 66–67 is a notable exception, while local semitonal motions indicated with dashed lines—G \flat 2–G2, D5–E \flat 5, B \flat 4–C \flat 5—are perhaps motivic but occur after the structural voice has already terminated its initial semitone rise, C \flat 4–C4. In the closing portion of the phrase in measures 68–69, both structural voices are doubled intermittently. The resulting cadence is an “incomplete closed cadence,” since the DSV lacks initial semitone motion. Still, the cadence is largely complete: its definitive ending reinforces the evoked tonal closure in B \flat discussed above.

[3.25] The texture changes in measure 69 as the brass and winds take over the chorale and the strings add a quicksilver accompaniment. **Example 24** provides a simpler reduction of the structural counterpoint in measures 69–75. The new phrase resembles the first, though somewhat thickened: the melody first gradually rises from D4 to A5, before changing direction and falling down to G3, at which point it changes direction again and rises to B \flat 3 through A3, while the bass first descends from A3 to C2, before rising to G2, and then falling to C2 through D \flat 2. This cadence, too, is incomplete since it lacks initial semitone motion in the lower voice, but both cadences provide a relatively strong degree of (non-tonal) closure, since both end with semitone motion in the structural voices.

iv) Developing Variation

[3.26] The extended continuation phrase, measures 65–75, culminates in a homorhythmic chorale containing four-note melodic fragments in four or five voices, but most audibly in the top voice. The resulting four- and five-pitch sonorities are difficult to analyze from conventional tonal or set-theoretical perspectives since their discordance precludes an obvious relation to tonic, and the chords differ from one another in their intervallic content. The sonorities' vertical dimension is less important in my view than its horizontal one, which is captured harmonically/contrapuntally by my analysis of its structural voices and cadence, but which is also captured nicely by an analysis of its motivic derivation.

[3.27] The long, arching melodies' similarity to the excerpt from Schoenberg's “Seraphita” cited above suggests that it has similar constructive principles. **Example 25** provides an analysis of the melody. Unlike Boss, who charts every trichordal grouping, I examine the prominence of specific motivic particles, or intervals classes, and melodic changes in direction. The melody from measure 65 to the downbeat of 74 contains all six interval classes, but these occur a different number of times: ic1 occurs 26 times, ic2 27 times, ic3 seven times, ic4 eight times, ic5 15 times, and ic6 six times. The prominence of ic2 grows beginning in measure 68 as the prominence of ic5 wanes. Tallying the number of melodic moves in the same direction illuminates its serpentine construction: it contains segments in which there is only one motion in a given direction before a change in direction 18 times, two motions in a given direction 13 times, three motions in a given direction seven times, four motions in a given direction four times, and seven motions in a given direction one time. The result is a largely unpredictable melody, but one which clearly favors stepwise motion and frequent reversals of direction.

[3.28] It is better, perhaps, not to speak of it containing discrete, easily recognizable and distinctive “motives,” but of its developing variation arising from its unpredictability, and from loose motivic associations we make while listening to it, though these are buried within the broader melody and not necessarily emphasized by the melody metrically, or in terms of its contour. The first phrase contains varied repetitions of a small number of pitch cells, a, b, and c. Measure 68 brings the first phrase to a close, introduces a falling contour (as discussed above in my analysis of the atonal cadential structure), and introduces a new falling motive, e. The second phrase contains fewer obvious repetitions, but melodic fragment (+2, +1) and its inversion (-2, -1)—labelled f—become more prominent, as do permutations of (016)—labelled g. Cell f derives, of course, from motive I.a.1 in measure 3 of the piece and is, perhaps, the piece's most recognizable motive, so the predominance of cell f in the melody anticipates the development section's return to motivic

material from the first subject. Overall, the melody is held together by its rhythmic regularity and the internal repetition of closely related motive-forms.

4. *Synthesis—Pluralism and Tradition*

[4.1] My analysis of the exposition's two subjects reveals, if only partially, the symphony's rich compositional foundations. The symphony combines, often within the same short passage, influences from Stravinsky—the use of a signature chord, tonal evocation through displacement, and bi-quintal melodic and harmonic structures—and Schoenberg—atonal cadential structures, motivic-harmonic structures, and developing variation. The first movement is not unified through the exclusive use of a melodic-harmonic structuring technique, in the way that common-practice-tonal or dodecaphonic principles shape much of a piece's pitch material. Invoking one analytical technology does not suffice to capture the music's eclecticism. We must accept that no analytical technology, approach, or perspective will provide, by itself, a compelling picture of the piece's musical structures: a passage is only partly clarified by an appeal to latent (bi)tonal evocations, atonal cadential structures, and motivic relationships, among other principles. The interaction of the approaches also distorts each individual approach: the restlessness of developing variation is at odds with the more static nature of Stravinskian bi-quintal structures, such that their combination produces frequent biquintal modulations that obscure any underlying bitonality; atonal cadential structures that suggest a high degree of closure conflict with tonal evocations that only weakly suggest tonal closure, creating analytical confusion regarding a passage's formal function; a transformational analysis of a passage's chords belies its melody's tonal evocations; and so on.

[4.2] Robert P. Morgan argues that musical modernism contains “the unprecedented stylistic, technical, and expressive variety of the music of the modern age—in short. . . ‘linguistic plurality.’” Morgan argues that “despite the numerous attempts that have been and continue to be made to offer a systematic account” of modernist music, it “defies rational comprehension” (1984, 458). While Sessions's “linguistically pluralist” music might defy facile systematization, it is held together, not by adherence to one structural principle, but through its clear stylistic and generic inheritance. The movement's adherence to sonata form situates the work within the history of the symphonic repertory, and, as a result, the music comes with certain generic expectations: received formal design, contrasting themes and affects, a developmental dialectic, etc. As a symphony, the work is expected to have a seriousness or at least weightiness, reflected in its wartime composition, its memorialization of F.D.R., and its somewhat conventional teleology: from the struggle of its opening D-minor movement through the elegiac B \flat minor Adagio to the celebratory D-major rondo-finale. The traditional symphonic scaffolding provides a framework in which Sessions could play and experiment with newer, competing compositional tendencies. And Sessions's symphony, like other works by modernists including Schoenberg, Stravinsky, Hindemith, and Bartók, does not just contain a pastiche of existing techniques, but attempts to produce, by combining these in a unique and sophisticated way, a new, coherent language of his own with at least the appearance of an organic relationship to the music that precedes it historically.

[4.3] Sessions was well aware of the need to reconcile tradition and stylistic innovation even if the result lacked the perspicuous background-foreground relationships described by Morgan (1984, 451). Sessions argued that:

Definition and classification of styles is an indispensable phase in our understanding of the past, both distant and immediate, and in the process which we call tradition. But tradition on the other hand, can be considered vital only in so far as it includes a vivid awareness, as well as understanding, of the living process of style itself. Possibly, the underlying distinction. . .and the understanding of the distinction, is of the utmost moment for the effective survival of the arts, of culture, perhaps of civilization. . .For styles. . .decay and degenerate if their vitalizing elements are forgotten, and even if they are not constantly renewed by fresh blood and by evolution. (1979, 101)

It is a cruel historical irony that Sessions married elements of early-20th-century musical practice into a unified whole just as the purists of post-war serialism began their cultural ascent. The music

of this younger generation, which Sessions would only superficially follow in his loose adoption of the twelve-tone system, dispensed largely with both the traditionalist elements retained in early modernism, and also with the pluralism that enabled composers to mix common-practice tonality, modality, chromaticism, atonality, etc. in favor of a sometimes stultifying if impressively novel international universalism founded on firm, explicit compositional principles. This, perhaps, explains his music's sudden irrelevance in the post-war era. To quote Philip Clark: "[Sessions] was unfashionable before anyone knew who he was" (2016).

[4.4] At the same time, Sessions's music remained too difficult for general audiences. Andrea Olmstead surveys the reception of Sessions's major compositions in his later years: "Both the audience—the composer barely got two bows—and critical reaction [to the Third Symphony] was mostly negative" (2008, 320), "reactions [to *Montezuma*] were almost unanimously negative" (1985, 136), and "printed reaction to the premiere [of the Eighth Symphony] ranged from outright dislike to the kind of enthusiasm that reviewers feel they should express" (1985, 151). [4.5] Yet, our own time now marks a salubrious return to pluralism. The work of other American symphonists of the 1940s— William Grant Still, Aaron Copland, Walter Piston, Howard Hanson, and Roy Harris among others— whose personal vocabularies combined traditionalist and modernist elements are returning not only to the concert hall but to the academic journal. If Sessions still remains difficult for amateur and seasoned listeners alike, those among us who enjoy and value his music can leverage this pluralist impulse to bring this music the attention it deserves. Doing so requires that we shed the need for dogmatic systematization in favor of locating the pluralist idioms that in unique combination form Sessions's singularly expressive if macaronic language.

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Footnotes

1. Elliott Carter notes that: "Roger Sessions can perhaps be considered one of the very last composers to have formed his outlook in the pre-first-world-war time and to have held to the standards of that period—as Stravinsky, Bartok, and Schoenberg" (1986, 4). Carter's somewhat backhanded compliment also speaks to Sessions's post-WWII anachronism—he was seen as a member of the old guard who was out of step with contemporary musical developments that had far surpassed his self-professed "difficulty."

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2. Maureen Carr (2007) for instance refers to well-known chords like the "Petruška chord," as well as "emblematic chords" (131) that, though lacking names, play similar roles in other works.

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3. Straus also cites the formal role of the tonal axis: "[the tonal axis sonority] must function in the piece as a referential sonority. It must occur prominently as a discrete harmony within the piece, particularly in cadential situations. It must be the essential harmonic generator of the piece; other harmonies derive from and relate to it" (1982, 265). The theorist's desire is clearly born of the desire to produce a new but functionally equivalent "chord of nature" (or artifice, perhaps) for 20th-century music. I am not sure that Sessions's signature chord, which is a ninth sonority, rises to such demands, but, as will be shown below, the chord clearly has an influential part to play in the symphony.

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4. For more on Stravinsky's rhythmic devices, see [Kielian-Gilbert 1987](#).

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5. Straus (1987) similarly notes the common "allusion" to aspects of tonal organization in much post-tonal music. Straus advocates for the centrality of "associational" coherence in this large repertory and for the paramount importance of "carefully organized large spans" of music (19), and while I disagree that "large spans" are singularly important, it is clear that the combination of tonal and non-tonal structuring principles defines much of this music. More recently, Daniel Harrison's (2016) exhaustive study of tonal techniques in 20th- and 21st-century music illustrate numerous ways in which composers engage with common-practice tonality, which "survived and flourished, in suitably adapted forms" (9). Sessions's symphony is less obviously "tonal" than many of the examples Harrison examines since it is rarely diatonic and tertian harmonies only rarely appear. Nevertheless, it does employ some techniques Harrison discusses including the use of colored triads (107), polychords (109), and "wrong-note" music common to many neoclassical composers including Stravinsky, Prokofiev, and Shostakovich (139).

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6. For more on cadences in Stravinsky's music see [Templin \(2014\)](#) and [Mueller \(2017\)](#). Templin considers the means by which Stravinsky deviates from common-practice cadential norms, while Mueller categorizes endings according to counterpoint. Mueller's "contrapuntal endings" recall my atonal cadence described below in the contrapuntal divergence/convergence, but without the same emphasis on melodic intervals.

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7. For a greater investigation and expansion of Schenker's analysis of Stravinsky, see [Traut 2000](#).

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8. Andrew Imbrie (1962) identifies similar concluding, chromatic voice leading in Sessions's String Quintet, which is, in other respects, largely serial. These chromatic cadences are vestiges of principles of chromatic harmony that survived the adoption of serial procedures. Similar cadences can be found in Schoenberg's twelve-tone music, as well as in more pluralist works of other mid-century composers.

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9. Boss, strictly speaking, does not see motivic development in Schoenberg's op. 22 the way I describe it above: "Variation in atonal music, like variation in tonal music, 'develops' in the sense that it creates successions that increase and decrease in remoteness. We can use the same criteria in 'Seraphita' for judging the relative remoteness of motive-forms that we use in tonal music" (1992, 135). The problem with this line of reasoning is that, unlike in his tonal music or some other atonal works, Schoenberg rarely provides music that is intended to form the piece's characteristic motive or theme in op. 22, and without the ability to appeal to cadential devices like those described by Hier (2023), it is difficult to distinguish between genuinely motivic and non-motivic, conventional, or stock material.

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10. Imbrie's (1962) analysis of the Violin Concerto uncovers a long melodic line whose gradual stepwise rise is habitually thwarted by the insertion of pitches foreign to B minor and the functional harmony implied by the other diatonic pitches. He argues that the much of the piece's opening prolongs an implied II chord with a voice exchange, C#–G in the soprano and G–C# in the bass. Imbrie provides few clearly defined theoretical principles in producing his analysis—it is, perhaps, "ad hoc," as Straus (1987, 13) describes Salzer's analysis. Nevertheless, the analysis provides a compelling interpretation of how we might hear larger melodic structures in Sessions's music.

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11. This sort of tonal ambiguity is not new to Sessions's music: the E-minor String Quartet of 1936, for example, flits between E minor, E^b minor, and F minor in its first eight measures and rarely settles into a key for long.

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12. While many of Straus's (2014) biquintal structures are divided into melody and chordal accompaniment, a number of his analysis (e.g. his examples 10, 14, and 18) that investigate more contrapuntal music contain linear expressions of both fifths. Since Sessions's symphony adopts a primarily polyphonic texture, my biquintal analysis produces linear expressions of each fifth in all blocks. Straus's analyses also contain loose non-structural tones that enrich (and in some cases obscure) his proposed biquintal structures.

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